
**Ergonomic requirements for office work
with visual display terminals (VDTs) —**

Part 5:
Workstation layout and postural requirements

*Exigences ergonomiques pour travail de bureau avec terminaux à écrans
de visualisation (TEV) —*

*Partie 5: Aménagement du poste de travail et exigences relatives aux
postures*

Contents

	Page
1 Scope.....	1
2 Normative references	1
3 Definitions	1
4 Guiding principles	4
4.1 General considerations.....	4
4.2 Versatility and flexibility	4
4.3 Fit.....	4
4.4 Postural change.....	5
4.5 User information	5
4.6 Maintainability-adaptability.....	5
5 Design requirements and recommendations	5
5.1 General	5
5.2 Postures	6
5.3 Ease of adjustment.....	9
5.4 Support surfaces	9
5.5 Work chair	11
5.6 Additional support elements	14
5.7 Layout of workstations within the work space	15
6 Conformance	16
7 Measurement.....	16
7.1 Support surfaces	16
7.2 Safety and stability aspects of workstations	17
7.3 Seat height	17

© ISO 1998

All rights reserved. Unless otherwise specified, no part of this publication may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying and microfilm, without permission in writing from the publisher.

International Organization for Standardization
Case postale 56 • CH-1211 Genève 20 • Switzerland
Internet iso@iso.ch

Printed in Switzerland